

USS BRISTOL DD 857 VETERANS ASSOCIATION

NEWSLETTER WINTER 2009

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PRESIDENT'S MESSAGE *BY DOUG LIPERT*

To start off with my very first newsletter I would like to take a minute to thank each and every one of you, who voted and has supported me! I am Honored and Proud to be a part of the Bristol DD 857 Association. Walter Marczak has been our President for the past four years and has done an exceptional job, and with the support of the Association I believe we can keep this successful trend going!! Walter, THANK YOU for passing down this honorable duty to me! To our historian Shirley Clark for her tributes and the many hours she has continuously provided our Association THANK YOU, and we will remember you are always in our Thoughts and Prayers!! To all of our officer's - A JOB WELL DONE!!

Now let's look at the highlights of our Wisconsin reunion. I must say it was a great success; I hope all who attended had a wonderful time, and made it home safe and sound!! The BRAT did an excellent job in coordinating and pulling it all together. The Harley Davidson tour (AWESOME). Our Dinner- Dance, for all who went, I hope you've caught up on your sleep! (A great time) Growing up in Wisconsin, made this very special to me! I hope you all enjoyed it as much as I did!!

Congratulations to Ron Obenchain our new Vice President. I look forward to working with you in the upcoming year. I will not carry on any longer but would like to leave you all with this Quote from Adm. George Anderson on Aug 1st 1961 *The Navy has both a tradition and a future - we look with Pride and Confidence in both directions.*

At the business meeting the members voted on Dallas, Texas as the location for the 14th annual reunion in 2011. The 13th annual reunion will be held in Philadelphia in October 2010. Details are still being finalized and will be communicated when they become available.

I look forward to serving you in the New Year!!!

Former association President, Walter Marczak writes: I would like to take this opportunity to express my appreciation to each member of the association for electing me president for the past four years. During those four years I have gotten to know many more shipmates especially those who did not serve during the years that I was aboard.

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Walter Marczak
After four years as our association president, Walt Marczak has stepped down. Do you see how relaxed he looks now? Thank you Walter for all of your hard work and dedication to our association. Doug Lippert has assumed the reins of leading the shipmates for the next year. Good luck Walter.



Whether it was speaking on the telephone, in person or on the computer, I always felt that special bond that is not shared by many people. We walked the same decks, sailed the same oceans and seas and experienced that fraternity that continues to hold and bring us together today after forty or fifty years. I also want to thank those shipmates who continuously work behind the scenes throughout the year. I'm not surprised by their efforts, they do what they do because they are shipmates, former crew members. You know who you are, you made my job easier.

Our reunions: the icing on the cake!! If you have never been to a reunion, let's go to Philly. It will be October 2010, start saving your money now. If you think you won't know any-one, we have members attending from the 40's thru 60's. When you see someone you know from your Bristol days, the years just melt away and those old memories seem new again. Best wishes to Doug Lipert our new president and Ron Obenchain our new vice president and the rest of the Bristol leadership team. You will lead the association well.

HUMOR

In the beginning was the word, and the word was God and all else was darkness and void and without form. So God created the heavens and the earth. He created the sun and the moon and the stars, so that their light might pierce the darkness. And the earth, God divided between the land and the sea, and these He filled with many assorted creatures.

And from the slime, in a land called Lympstone, God made dark, salty creatures that inhabited the seashore. He called them Marines, He dressed them accordingly, in bright colors so that their betters may more easily find them in the holes and burrows that they'd scoured out of the ground.

And God said, "Whilst at their appointed labors they will devour worms, maggots, C and K rations and all creatures that creep or crawl". The flighty creatures of the air, He called Airdales, and these He clothed in uniforms which were ruffled, perfumed, and pretty. He gave them great floating cities with flat roofs in which to live, where they gathered and formed huge multitudes. They carried out heathen rites and

ceremonies by day and by night upon the roof amidst thunderous noise. They were given God's blue sky and their existence was on the backs of others.

And the surface creatures of the sea, God called Skimmers, who Supported the Airdales and with a twinkle in His eye and a sense of humor only He could have, He gave them all gedunks, polluted with much stickywater, to drink. God gave them big grey "targets" to go to sea in. He gave them many splendid uniforms to wear. And He gave them all the world's exotic and wonderful places to visit. He gave them pen and paper so that they could write home every week, and He gave them ropeyarn Sunday at sea and a laundry so they could clean and polish their splendid uniforms. (When you are God it is very easy to get carried away with your own great and wondrous benevolence).

And on the seventh day, as you know, God rested from his labors. And on the eighth day at 0755, just before colors, God looked down upon the earth and He was not a happy man. God knew He had not quite achieved perfection, so He thought about his labors,

and in His infinite wisdom, He created a divine creature, His masterpiece, and this He called a Submariner. A child of heaven.

And these Submariners, whom God created in His own image, and to whom He gave his most cherished gift, great intelligence, were to be of the deep, and to them He gave more of his greatest gifts. He gave them black steel messengers of death called the "Smoke Boat" class in which to roam the depths of his oceans, and He gave them His arrows and slingshots, the Mark 14 torpedo of burnished brass and black, and the Mark 37 of green, to wage war against the forces of Satan and all evil.

He heaped great knowledge and understanding upon them, in order that they may more easily win their greatest challenge, to pass their Qualification Test and be skilled in the great works God had charged them with.

The finest of these men, God called "Diesel Boat Submariners" for they made all happen beyond the understanding of other men. He gave His Submariners

hotels in which to live when they were exhausted and weary from doing God's will. He gave them fortitude to consume vast quantities of beer and booze, to sustain them in their arduous tasks, performed in His name.

He gave them great food, submarine pay and occasionally, subsistence so that they might entertain the Ladies of the "Starlight", "White Hat", and the "Horse and Cow" on Saturday nights and impress the heck out of the creatures He called "Skimmers" and "Jar Heads".

And at the end of the eighth day, God again looked down upon the earth and saw all was good in His realm. But God was not happy because, in the course of His mighty labors He had forgotten one thing. He had not kept a pair of "Dolphins" for Himself.

But He thought about it and considered it and finally He consoled himself, in the certain knowledge that ---

"Not Just Anybody Can Be a Submariner!"

Subject: Military Rules

Marine Corps Rules:

1. Be courteous to everyone, friendly to no one.
2. Decide to be aggressive enough, quickly enough.
3. Have a plan.
4. Have a back-up plan, because the first one probably won't work.
5. Be polite. Be professional. But, have a plan to kill everyone you meet.
6. Do not attend a gunfight with a handgun whose caliber does not start with a '4.'
7. Anything worth shooting is worth shooting twice. Ammo is cheap. Life is expensive.
8. Move away from your attacker. Distance is your friend. (Lateral & diagonal preferred.)
9. Use cover or concealment as much as possible.
- 10... Flank your adversary when possible. Protect yours.
- 11... Always cheat; always win. The only unfair fight is the one you lose.
- 12... In ten years nobody will remember the details of caliber, stance, or tactics. They will only remember who lived.
- 13... If you are not shooting, you should be communicating your intention to shoot.

Navy SEAL's Rules:

1. Look very cool in sunglasses.
2. Kill every living thing within view.
3. Adjust Speedo.
4. Check hair in mirror.

US Army Rangers Rules:

1. Walk in 50 miles wearing 75 pound rucksack while starving.
2. Locate individuals requiring killing.
3. Request permission via radio from 'Higher' to perform killing.
4. Curse bitterly when mission is aborted.
5. Walk out 50 miles wearing a 75 pound rucksack while starving.

US Army Rules:

1. Curse bitterly when receiving operational order.
2. Make sure there is extra ammo and extra coffee.
3. Curse bitterly.
4. Curse bitterly.
5. Do not listen to 2nd LTs; it can get you killed.
6. Curse bitterly.

US Air Force Rules:

1. Have a ****tail.
2. Adjust temperature on air-conditioner.
3. See what's on HBO.
4. Ask 'What is a gunfight?'
5. Request more funding from Congress with a 'killer' Power Point presentation.
6. Wine & dine 'key' Congressmen, invite DOD & defense industry executives.
7. Receive funding, set up new command and assemble assets.
8. Declare the assets 'strategic' and never deploy them operationally.
9. Hurry to make 13:45 tee-time.
10. Make sure the base is as far as possible from the conflict but close enough to have tax exemption.

(And I Love This Next One)

US Navy Rules:

1. Go to Sea.
2. Drink Coffee.
3. Deploy Marines

Go Navy !

And the next... (You've got to love the military, and God bless them all.)

U.S. Navy Directive 16134 (Inappropriate T-Shirts)

The following directive was issued by the commanding officer of all naval installations in the Middle East. (It was obviously directed at the Marines.)

To: All Commands Subject: Inappropriate T-Shirts

Ref: ComMidEast For Inst 16134//24 K

All commanders promulgate upon receipt.

The following T-shirts are no longer to be worn on or off base by any military or civilian personnel serving in the Middle East:

1. 'Eat Pork or Die' [both English and Arabic versions]
- 2.. 'Shrine Busters' [Various. Show burning minarets or bomb/artillery shells impacting Islamic shrines. Some with unit logos.]
- 3.. 'Napalm, Sticks Like Crazy' [Both English and Arabic versions]
- 4.. 'Goat - it isn't just for breakfast any more.' [Both English and Arabic versions]
- 5.. 'The road to Paradise begins with me.' [Mostly Arabic versions, but some in English. Some show sniper scope cross-hairs.]
- 6.. 'Guns don't kill people. I kill people.' [Both Arabic and English versions]
- 7.. 'Pork. The other white meat.' [Arabic version]
- 8.. 'Infidel' [English, Arabic and other coalition force languages.]

The above T-shirts are to be removed from Post Exchanges upon receipt of this directive. In addition, the following signs are to be removed upon receipt of this message:

- 1.. 'Islamic Religious Services Will Be Held at the Firing Range at 0800 Daily.'
- 2.. 'Do we really need 'smart bombs' to drop on these dumb bastards?'

All commands are instructed to implement sensitivity training upon receipt.

He has certainly hit the "world" on the head!!



Billy Graham's Prayer For Our Nation

THIS MAN SURE HAS A GOOD VIEW OF WHAT'S HAPPENING TO OUR COUNTRY!

'Heavenly Father, we come before you today to ask your forgiveness and to seek your direction and guidance. We know Your Word says, 'Woe to those who call evil good,' but that is exactly what we have done.. We have lost our spiritual equilibrium and reversed our values. We have exploited the poor and called it the lottery. We have rewarded laziness and called it welfare. We have killed our unborn and called it choice. We have shot abortionists and called it justifiable. We have neglected to discipline our children and called it building self esteem. We have abused power and called it politics.... We have coveted our neighbor's possessions and called it ambition. We have polluted the air with profanity and pornography and called it freedom of expression.. We have ridiculed the time-honored values of our forefathers and called it enlightenment. Search us, Oh God, and know our hearts today; cleanse us from every sin and Set us free. Amen!'

While we are praying....

Let's not forget our deceased shipmates whom we honored at our reunion in Milwaukee:
John B Elder Ens 46-47
Donald A Nelson BT3 44-45
James R Johnson MM3 50-52
Roy T Dean RD3 44-46
Edward Paige, Jr FN 48-52
George Chapman BM2 51-54
Harold E Stremmel Radioman 56 to 58
Charles (Willie) Williams MM3 50-53

Also, let's not forget our shipmates who are still with us but who are not able to attend our reunion due to illness. Especially remember in your prayers our historian, Shirley Clark, who is suffering from a rare eye condition.

Tennessee Football

This is a statement that was read over the PA system at the football game at Roane County High School, Kingston, Tennessee, by school Principal, Jody McLeod "It has always been the custom at Roane County High School football games, to say a prayer and play the National Anthem, to honor God and Country." Due to a recent ruling by the Supreme Court, I am told that saying a Prayer is a violation of Federal Case Law. As I understand the law at this time, I can use this public facility to approve of sexual perversion and call it "an alternate life style," and if someone is offended, that's OK. I can use it to condone sexual promiscuity, by dispensing condoms and calling it, "safe sex." If someone is offended, that's OK.

I can even use this public facility to present the merits of killing an unborn baby as a "viable! means of birth control." If someone is offended, no problem... I can designate a school day as "Earth Day" and involve students in activities to worship religiously and praise the goddess "Mother Earth" and call it "ecology."

I can use literature, videos and presentations in the classroom that depicts people with strong, traditional Christian convictions as "simple minded" and "ignorant" and call it enlightenment."

However, if anyone uses this facility to honor GOD and to ask HIM to Bless this event with safety and good sportsmanship, then Federal Case Law is violated.

This appears to be inconsistent at best, and at worst, diabolical.

Apparently, we are to be tolerant of everything and anyone, except GOD and HIS Commandments.

Nevertheless, as a school principal, I frequently ask staff and students to abide by rules with which they do not necessarily agree. For me to do otherwise would be inconsistent at best, and at worst, hypocritical.... I suffer from that affliction enough unintentionally. I certainly do not need to add an intentional transgression.

For this reason, I shall "Render unto Caesar that which is Caesar's," and refrain from praying at this time.

" However, if you feel inspired to honor, praise and thank GOD and ask HIM, in the name of JESUS, to Bless this event, please feel free to do so. As far as I know, that's not against the law---yet."

One by one, the people in the stands bowed their heads, held hands with one another and began to pray.

They prayed in the stands. They prayed in the team huddles. They prayed at the concession stand and they prayed in the Announcer's Box! The only place they didn't pray was in the Supreme Court of the United States of America- the Seat of "Justice" in the "one nation, under GOD."

Please let you shipmates know of a shipmate who is ill or who is deceased. You may contact me at edwardclynch1@verizon.net or 732-716-0889. Remember that shipmates may go but will never be forgotten so long as one of us remembers him.

God Bless America!



To Kill an American

You probably missed this in the rush of news, but there was actually a report that someone in Pakistan had published in a newspaper, an offer of a reward to anyone who killed an American, any American.

So an Australian dentist wrote an editorial the following day to let everyone know what an American is . So they would know when they found one. (Good one, mate!!!!)

An American is English, or French, or Italian, Irish, German, Spanish , Polish, Russian or Greek. An American may also be Canadian, Mexican, African, Indian, Chinese, Japanese, Korean, Australian, Iranian, Asian, or Arab, or Pakistani or Afghan.

An American may also be a Comanche, Cherokee, Osage, Blackfoot, Navaho, Apache, Seminole or one of the many other tribes known as native Americans.

An American is Christian , or he could be Jewish, or Buddhist, or Muslim. In fact, there are more Muslims in America than in Afghanistan . The only difference is that in America they are free to worship as each of them chooses.

An American is also free to believe in no religion..... For that he will answer only to God, not to the government, or to armed thugs claiming to speak for the government and for God.

An American lives in the most prosperous land in the history of the world.

The root of that prosperity can be found in the Declaration of Independence , which recognizes the God given right of each person to the pursuit of happiness.

An American is generous. Americans have helped out just about every other nation in the world in their time of need, never asking a thing in return.....

When Afghanistan was over-run by the Soviet army 20 years ago, Americans came with arms and supplies to enable the people to win back their country!

As of the morning of September 11, Americans had given more than any other nation to the poor in Afghanistan ..

The national symbol of America , The Statue of Liberty , welcomes your tired and your poor, the wretched refuse of your teeming shores, the homeless, tempest tossed. These in fact are the people who built America

Some of them were working in the Twin Towers the morning of September 11 , 2001 earning a better life for their families. It's been told that the World Trade Center victims were from at least 30 different countries, cultures, and first languages, including those that aided and abetted the terrorists.

So you can try to kill an American if you must.. Hitler did. So did General Tojo , and Stalin , and Mao Tse-Tung, and other blood-thirsty tyrants in the world. But, in doing so you would just be killing yourself . Because Americans are not a particular people from a particular place. They are the embodiment of the human spirit of freedom. Everyone who holds to that spirit, everywhere, is an American.

Captain's Mast for Spike

We had a ship's mascot, a black and white cocker spaniel named "SPIKE" who fell overboard thru the bull nose into Guantanamo Bay during maneuvers and was AWOL for several days until he was returned to the ship after having been picked up from the sea by the last destroyer in line during the games. Was given a Captain's Mast and restricted to wearing a kapok life vest when out and about the deck. Even had his own service record on file and his name stenciled on the life jacket. Regards from Donald Reasor, YN2 during my time on the USS BRISTOL, DD857, 1947-49.....
(AARETIREE@COX.NET)

Follow up comments on Bacardi Rum Factory

Great newsletter this issue esp Moynahan comments re Bacardi factory ... he missed the point .. we were the first US ship EVER up the river that far !!
Dave Lincoln Gunnery Dept 1952-1954

The Last Time I was in Philly...

Ed, the last time I was in Philly was while I was in the Navy. I was on liberty. I had been to see the Liberty Bell and was crossing the street and my white hat came off in the wind. I chased it for quite a distance and finally caught up with it. As would be expected it was filthy. I spent the next two days in Philly "out of uniform". It was also one of my first trips right out of boot camp, while I waited for my Radar class to start back in Great Lakes. I was VERY concerned that shore patrol or an officer would catch me out of uniform. I plan on visiting the same area 48 years later.

Thanks, Gary

Follow up on Gitmo

I enjoyed reading the article on Gitmo in the last news letter. It brought to mind my first visit to Gitmo.

I joined the Bristol in September 1946 in dry dock at Charlestown yard in Boston. I was assigned to the first division at that time. When we left the Navy yard we proceeded to Gitmo for shakedown. While in Gitmo we were allowed base liberty and of course there wasn't much to do but visit the base beer halls. They served whatever you preferred to drink and got pretty well tangled up with the great rum they had. I got so much of it that I was carried back to the ship in the wee hours of the morning. At about 0700 we got underway for Newport, R.I. and on the way met a Hurricane off Cape Hatteras. I had the watch on the port side of the bridge. Between the rum from the night before and the hurricane that next day I didn't look to good. I remember the OOD coming out of the wheelhouse and saying, "You don't look so good sailor", and I replied, "I don't feel so good either". He said, "I can fix that", and went in the wheelhouse. He came out a little later and hung a bucket around my neck and said, "There that will take care of you". After returning to Newport the ship went on a Mediterranean cruise and visit some very interesting places like Gibraltar, Monaco, Sardinia, Naples, Athens and Istanbul to name a few. I thought this story might interest you.

Lee Phillips

Title 36, Chapter 10 PATRIOTIC CUSTOMS
Sec. 174. Time and occasions for display

- It is the universal custom to display the flag only from sunrise to sunset on buildings and on stationary flagstaffs in the open. However, when a patriotic effect is desired, the flag may be displayed twenty-four hours a day if properly illuminated during the hours of darkness.
- The flag should be hoisted briskly and lowered ceremoniously.
- The flag should not be displayed on days when the weather is inclement, except when an all weather flag is displayed.
- The flag should be displayed on all days, especially on New Year's Day, January 1; Inauguration Day, January 20; Lincoln's Birthday, February 12; Washington's Birthday, third Monday in February; Easter Sunday (variable), Mother's Day, second Sunday in May; Armed Forces Day, third Saturday in May; Flag Day, June 14; Independence Day, July 4; Labor Day, first Monday in September; Constitution Day, September 17; Columbus Day, second Monday in October; Navy Day, October 27; Veterans Day, November 11; Thanksgiving Day, fourth Thursday in November; Christmas Day, December 25; and such other days as may be proclaimed by the President of the United States; the birthdays of States (date of admission); and on State holidays.
- The flag should be displayed daily on or near the main administration building of every public institution.
- The flag should be displayed in or near every polling place on election days.
- The flag should be displayed during school days in or near every schoolhouse.

Sec. 175. Position and manner of display

The flag, when carried in a procession with another flag or flags, should be either on the marching right; that is, the flag's own right, or, if there is a line of other flags, in front of the center of that line.

- The flag should not be displayed on a float in a parade except from a staff, or as provided in subsection (i) of this section.
- The flag should not be draped over the hood, top, sides, or back of a vehicle or of a railroad train or a boat. When the flag is displayed on a motorcar, the staff shall be fixed firmly to the chassis or clamped to the right fender.
- No other flag or pennant should be placed above or, if on the same level, to the right of the flag of the United States of America, except during church services conducted by naval chaplains at sea, when the church pennant may be flown above the flag during church services for the personnel of the Navy. No person shall display the flag of the United Nations or any other national or international flag equal, above, or in a position of superior prominence or honor to, or in place of, the flag of the United States at any place within the United States or any Territory or possession thereof: Provided, That nothing in this section shall make unlawful the continuance of the practice heretofore followed of displaying the flag of the United Nations in a position of superior prominence or honor, and other national flags in positions of equal prominence or honor, with that of the flag of the United States at the headquarters of the United Nations.
- The flag of the United States of America, when it is displayed with another flag against a wall from crossed staffs, should be on the right, the flag's own right, and its staff should be in front of the staff of the other flag.
- The flag of the United States of America should be at the center and at the highest point of the group when a number of flags of States or localities or pennants of societies are grouped and displayed from staffs.

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- When flags of States, cities, or localities, or pennants of societies are flown on the same halyard with the flag of the United States, the latter should always be at the peak. When the flags are flown from adjacent staffs, the flag of the United States should be hoisted first and lowered last. No such flag or pennant may be placed above the flag of the United States or to the United States flag's right.
- When flags of two or more nations are displayed they are to be flown from separate staffs of the same height. The flags should be of approximately equal size. International usage forbids the display of the flag of one nation above that of another nation in time of peace.
- When the flag of the United States is displayed from a staff projecting horizontally or at an angle from the window sill, balcony, or front of a building, the union of the flag should be placed at the peak of the staff unless the flag is at half staff. When the flag is suspended over a sidewalk from a rope extending from a house to the pole at the edge of the sidewalk, the flag should be hoisted out, union first, from the building.
- When displayed either horizontally or vertically against a wall, the union should be uppermost and to the flag's own right, that is, to the observer's left. When displayed in a window, the flag should be displayed in the same way, with the union or blue field to the left of the observer in the street.
- When the flag is displayed over the middle of the street, it should be suspended vertically with the union to the north in an east and west street or to the east in a north and south street.
- When used on a speaker's platform, the flag, if displayed flat, should be displayed above and behind the speaker. When displayed from a staff in a church or public auditorium, the flag of the United States of America should hold the position of superior prominence, in advance of the audience, and in the position of honor at the clergyman's or speaker's right as he faces the audience. Any other flag so displayed should be placed on the left of the clergyman or speaker or to the right of the audience.
- The flag should form a distinctive feature of the ceremony of unveiling a statue or monument, but it should never be used as the covering for the statue or monument.
- The flag, when flown at half-staff, should be first hoisted to the peak for an instant and then lowered to the half-staff position. The flag should be again raised to the peak before it is lowered for the day.
- On Memorial Day the flag should be displayed at half-staff until noon only, then raised to the top of the staff. By order of the President, the flag shall be flown at half-staff upon the death of principal figures of the United States
- Government and the Governor of a State, territory, or possession, as a mark of respect to their memory. In the event of the death of other officials or foreign dignitaries, the flag is to be displayed at half-staff according to Presidential instructions or orders, or in accordance with recognized customs or practices not inconsistent with law. In the event of the death of a present or former official of the government of any State, territory, or possession of the United States, the Governor of that State, territory, or possession may proclaim that the National flag shall be flown at half-staff. The flag shall be flown at half-staff thirty days from the death of the President or a former President; ten days from the day of death of the Vice President, the Chief Justice or a retired Chief Justice of the United States, or the Speaker of the House of Representatives; from the day of death until interment of an Associate Justice of the Supreme Court, a Secretary of an executive or military department, former Vice President, or the Governor of a State, territory or possession; and on the day of death and the following day for a Member of Congress. As used in this subsection--
 - the term "half-staff" means the position of the flag when it is one-half the distance between the top and bottom of the staff;
 - the term "executive or military department" means any agency listed under sections 101 and 102 of title 5, United States Code; and
 - The term "Member of Congress" means a Senator, a Representative, a Delegate, or the Resident Commissioner from Puerto Rico.
- When the flag is used to cover a casket, it should be placed that the union is at the head and over the left shoulder. The flag should not be lowered into the grave or allowed to touch the ground.
- When the flag is suspended across a corridor or lobby in a building with only one main entrance, it should be suspended vertically with the union of the flag to the observer's left upon entering. If the building has more than one main entrance, the flag should be suspended vertically near the center of the corridor or lobby with the union to

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the north, when entrances are to the east and west or to the east when entrances are to the north and south. If there are entrances in more than two directions, the union should be to the east.



1. When the flag is displayed over the middle of the street, it should be suspended vertically with the union to the north in an east and west street or to the east in a north and south street.



2. The flag of the United States of America, when it is displayed with another flag against a wall from crossed staffs, should be on the right, the flag's own right [*that means the viewer's left --Webmaster*], and its staff should be in front of the staff of the other flag.



3. The flag, when flown at half-staff, should be first hoisted to the peak for an instant and then lowered to the half-staff position. The flag should be again raised to the peak before it is lowered for the day. By "half-staff" is meant lowering the flag to one-half the distance between the top and bottom of the staff. Crepe streamers may be affixed to spear heads or flagstaves in a parade only by order of the President of the United States.

Note Regarding Disposition of the U.S. Flag -

Although not a part of the Flag Code, the VFW advises worn or torn flags should be destroyed in a dignified way, preferably by burning. Individuals should take responsibility for destroying the worn flag in their possession and burying the ashes.

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4. When flags of States, cities, or localities, or pennants of societies are flown on the same halyard with the flag of the United States, the latter should always be at the peak. When the flags are flown from adjacent staffs, the flag of the United States should be hoisted first and lowered last. No such flag or pennant may be placed above the flag of the United States or to the right of the flag of the United States (the viewer's left). When the flag is half-masted, both flags are half-masted, with the US flag at the mid-point and the other flag below.



5. When the flag is suspended over a sidewalk from a rope extending from a house to a pole at the edge of the sidewalk, the flag should be hoisted out, union first, from the building.



6. When the flag of the United States is displayed from a staff projecting horizontally or at an angle from the window sill, balcony, or front of a building, the union of the flag should be placed at the peak of the staff unless the flag is at half-staff.



7. When the flag is used to cover a casket, it should be so placed that the union is at the head and over the left shoulder. The flag should not be lowered into the grave or allowed to touch the ground.

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8. When the flag is displayed in a manner other than by being flown from a staff, it should be displayed flat, whether indoors or out. When displayed either horizontally or vertically against a wall, the union should be uppermost and to the flag's own right, that is, to the observer's left. When displayed in a window it should be displayed in the same way, that is with the union or blue field to the left of the observer in the street. When festoons, rosettes or drapings are desired, bunting of blue, white and red should be used, but never the flag.



9. That the flag, when carried in a procession with another flag, or flags, should be either on the marching right; that is, the flag's own right, or, if there is a line of other flags, in front of the center of that line.



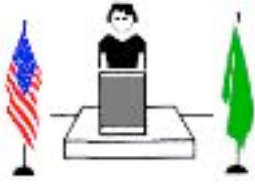
10. The flag of the United States of America should be at the center and at the highest point of the group when a number of flags of States or localities or pennants of societies are grouped and displayed from staffs.



11. When flags of two or more nations are displayed, they are to be flown from separate staffs of the same height. The flags should be of approximately equal size. International usage forbids the display of the flag of one nation above that of another nation in time of peace.

Continued on Page 9

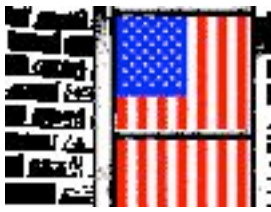
Continued from Page 8



12. When displayed from a staff in a church or public auditorium on or off a podium, the flag of the United States of America should hold the position of superior prominence, in advance of the audience, and in the position of honor at the clergyman's or speaker's right as he faces the audience. Any other flag so displayed should be placed on the left of the clergyman or speaker (to the right of the audience).



13. When the flag is displayed on a car, the staff shall be fixed firmly to the chassis or clamped to the right fender.



14. When hung in a window where it is viewed from the street, place the union at the head and over the left shoulder.

Increase Your Metabolism
Learn the real facts about your metabolism.

Your metabolism doesn't tragically sink the day you turn 30—nor is it uniquely speedy in your 20s. If you're gaining weight, you're probably doing too many things that decrease your metabolism and not enough that boost it. Take a look.

Decreases Your Metabolism:

SITTING. The less you move, the fewer calories your body needs. As a result, your metabolism temporarily slows.

DIETING. Cutting back on calories makes your body slow down and hold on to fat (in the event of famine, for instance!). Outsmart nature: Trimming only 250 to 300 calories a day from your diet urges your body to shed fat without scaring it into thinking you're never going to eat again.

AGING. Metabolism falls about 1 percent per decade, says Susan B. Roberts, Ph.D., at the Energy Metabolism Laboratory at Tufts University in Boston. So every year, you need about a measly 10 fewer calories a day to maintain your weight.

No Effect

CAFFEINE. "Caffeine increases heart rate, which could help burn calories," says Dan Bernadot, Ph.D., of Georgia State University in Atlanta. "But it's a small and fleeting increase and won't really boost metabolism."

Increases Your Metabolism

PROTEIN. Protein helps build muscle, and the more muscle you have, the faster your metabolism. Aim to get 20 to 25 percent of your calories from protein.

SNACKING. Eating gives your metabolism a brief spike because you've given it something to do (burn calories), so eating four or five mini meals a day is better for your metabolism than having two large ones.

CARDIO. Exercise that gets your heart rate up boosts your metabolism while you're doing it, and it makes you burn more calories in the hours after your workout.

Do you know what Whoopass looks like?

Contributed by Joe Zager, SSG, USA, Ret



RARE VIEW

A rarely seen picture of the inside
of an actual Can-o-Whoopass

motifake.com

The American Warrior - What They Carried

Contributed by Joe Gucheck

They carried P-38 can openers and heat tabs, watches and dog tags, insect repellent, gum, cigarettes, Zippo lighters, salt tablets, compress bandages, ponchos, Kool-Aid, two or three canteens of water, iodine tablets, sterno, LRRP- rations, and C-rations stuffed in socks.

They carried standard fatigues, jungle boots, bush hats, flak jackets and steel pots. They carried the M-16 assault rifle.

They carried trip flares and Claymore mines, M-60 machine-guns, the M-70 grenade launcher, M-14's, CAR-15's, Stoners, Swedish K's, 66mm LAWs, shotguns, .45 caliber pistols, silencers, the sound of bullets, rockets, and choppers, and sometimes the sound of silence.

They carried C-4 plastic explosives, an assortment of hand grenades, PRC-25 radios, knives and machetes. Some carried napalm, CBU's and large bombs; some risked their lives to rescue others. Some escaped the fear, but dealt with the death and damage. Some made very hard decisions, and some just tried to survive. They carried malaria, dysentery, ringworm's and leaches.

They carried the land itself as it hardened on their boots. They carried stationery, pencils, and pictures of their loved ones - real and imagined.

They carried love for people in the real world and love for one another. And sometimes they disguised that love: "Don't mean nothin'!"

They carried memories for the most part, they carried themselves with poise and a kind of dignity. Now and then, there were times when panic set in, and people squealed or wanted to, but couldn't; when they twitched and made moaning sounds and covered their heads and said "Dear God" and hugged the earth and fired their weapons blindly and cringed and begged for the noise to stop and went wild and made stupid promises to themselves and God and their parents, hoping not to die.

They carried the traditions of the United States military, and memories and images of those who served before them.

They carried grief, terror, longing and their reputations.

They carried the soldier's greatest fear: the embarrassment of dishonor.

They crawled into tunnels, walked point, and advanced under fire, so as not to die of embarrassment. They were afraid of dying, but too afraid to show it.

They carried the emotional baggage of men and women who might die at any moment. They carried the weight of the world. **THEY CARRIED EACH OTHER!**

THE LAW IS THE LAW Contributed by Don Tanner

So "if" the US government determines that it is against the law for the words "under God" to be on our money, then, so be it. And "if" that same government decides that the "Ten Commandments" are not to be used in or on a government installation, then, so be it. I say, "so be it," because I would like to be a law abiding US citizen. I say, "so be it," because I would like to think that smarter people than I are in positions to make good decisions. I would like to think that those people have the American public's best interests at heart.

But, you know what else I'd like? Since we can't pray to God, can't Trust in God and cannot post His Commandments in Government buildings, I don't believe the Government and its employees should participate in the Easter and Christmas celebrations which honor the God that our government is eliminating from many facets of American life. I'd like my mail delivered on Christmas, Good Friday, Thanksgiving & Easter. After all, it's just another day. I'd like the US Supreme Court to be in session on Christmas, Good Friday, Thanksgiving & Easter as well as Sundays. After all, it's just another day. I'd like the Senate and the House of Representatives to not have to worry about getting home for the "Christmas Break." After all it's just another day.

I'm thinking that a lot of my taxpayer dollars could be saved, if all government offices & services would work on Christmas, Good Friday & Easter. It shouldn't cost any overtime since those would be just like any other day of the week to a government that is trying to be "politically correct." In fact... I think that our government should work on Sundays (initially set aside for worshipping God...) because, after all, our government says that it should be just another day... What do you all think? If this idea gets to enough people, maybe our elected officials will stop giving in to the "minority opinions" and begin, once again, to represent the "majority" of ALL of the American people. SO BE IT.....



WHEN A SOLDIER COMES HOME



When a soldier comes home, he finds it hard....



to be tolerant of people who complain about the hassle of getting ready for work...



...to listen to his son whine about being bored.



....to keep from ridiculing someone who complains about hot weather.



....to keep a straight face when people complain about potholes about potholes.



.....to be civil to people who complain about their jobs.

The only thing harder than being a Soldier..



Is loving one.



Thank you.
CPT Alison L. Croon, RN, MS
Mental Health Nurse Observer-Trainer
1387th Medical Training Support Battalion

Humor

The Gunnery Sergeant

The Marine Gunnery Sergeant noticed a new troop and barked at him, "Get over here! What's your name Marine?" "John," the new troop replied. "Look, I don't know what kind of bleeding-heart pansy crap they're teaching troops in boot camp nowadays, but I don't call anyone by his first name," the Gunny scowled. "It breeds familiarity, and that leads to a breakdown in authority. I refer to my troops by their last names only; Smith, Jones, Baker, whatever. And you are to refer to me as 'Gunny'. Do I make myself clear?" "Yes Gunny!" "Now that we've got that straight, what's your last name?" The troop sighed. "Darling, My name is John Darling, Gunny." "Okay, John, here's what I want you to do"

Air Traffic Control

Atlanta Airport: You gotta love this one even if you've never lived in the South. Some of you will enjoy this more than others...Southerners can be so polite!
Atlanta ATC: *"Tower to Saudi Air 511 -- You are cleared to land eastbound on runway 9R"*
Saudi Air: *"Thank you Atlanta ATC. Acknowledge cleared to land on infidel's runway 9R - Allah be Praised."*
Atlanta ATC: *"Tower to Iran Air 711 --You are cleared to land westbound on runway 9R."*
Iran Air: *"Thank you Atlanta ATC..We are cleared to land on infidel's runway 9R. Allah is Great."*

Pause...

Saudi Air: *"ATLANTA ATC - ATLANTA ATC"*

Atlanta ATC: *"Go ahead Saudi Air 511."*
Saudi Air: *"YOU HAVE CLEARED BOTH OUR AIRCRAFTS FOR THE SAME RUNWAY GOING IN OPPOSITE DIRECTIONS. WE ARE ON A COLLISION COURSE. INSTRUCTIONS, PLEASE."*
Atlanta ATC: *"Well bless your hearts. And praise Jesus. Y'all be careful now and tell Allah "hey" for us -- "*

... about menopause

Q: How many women with MENOPAUSE does it take to change a light bulb?

Woman's Answer: One!

ONLY ONE!!!! And do you know WHY? Because no one else in this house knows HOW to change a light bulb! They don't even know that the bulb is BURNED OUT!! They would sit in the dark for THREE DAYS before they figured it out.

And, once they figured it out, they wouldn't be able to find the #&%!* light bulbs despite the fact that they've been in the SAME CABINET for the past 17 YEARS!

But if they did, by some miracle of God, actually find them, 2 DAYS LATER, the chair they dragged to stand on to change the STUPID light bulb would STILL BE IN THE SAME SPOT!!!! AND UNDERNEATH IT WOULD BE THE WRAPPER THE FREAKING LIGHT BULBS CAME IN!!!

BECAUSE NO ONE EVER PICKS UP OR CARRIES OUT THE GARBAGE!!!! IT'S A WONDER WE HAVEN'T ALL SUFFOCATED FROM THE PILES OF GARBAGE THAT ARE A FOOT DEEP THROUGHOUT THE ENTIRE HOUSE!!

IT WOULD TAKE AN ARMY TO CLEAN THIS PLACE! AND DON'T EVEN GET ME STARTED ON WHO CHANGES THE TOILET PAPER ROLL !!

I'm sorry. What was the question?

I love this Doctor !

Q: I've heard that cardiovascular exercise can prolong life; is this true?

A: Your heart is only good for so many beats, and that's it... Don't waste them on exercise. Everything wears out eventually.. Speeding up your heart will not make you live longer; that's like saying you can extend the life of your car by driving it faster. Want to live longer? Take a nap.

Q: Should I cut down on meat and eat more fruits and vegetables?

A: You must grasp logistical efficiencies. What does a cow eat? Hay and corn. And what are these? Vegetables. So a steak is nothing more than an efficient mechanism of delivering vegetables to your system. Need grain? Eat chicken. Beef is also a good source of field grass (green leafy vegetable). And a pork chop can give you 100% of your recommended daily allowance of vegetable products.

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Q:Should I reduce my alcohol intake?

A: No, not at all. Wine is made from fruit. Brandy is distilled wine, that means they take the water out of the fruity bit so you get even more of the goodness that way. Beer is also made out of grain. Bottoms up!

Q:How can I calculate my body/fat ratio?

A: Well, if you have a body and you have fat, your ratio is one to one. If you have two bodies your ratio is two to one, etc.

Q:What are some of the advantages of participating in a regular exercise program?

A: Can't think of a single one, sorry. My philosophy is: No Pain...Good!

Q:Aren't fried foods bad for you?

A: YOU'RE NOT LISTENING!!!
.... Foods are fried these days in vegetable oil. In fact, they're permeated in it. How could getting more vegetables be bad for you?

Q: Will sit-ups help prevent me from getting a little soft around the middle?

A: Definitely not! When you exercise a muscle, it gets bigger. You should only be doing sit-ups if you want a bigger stomach.

Q: Is chocolate bad for me?

A: Are you crazy?
HELLO
Cocoa beans! Another vegetable!!! It's the best feel-good food around!

Q: Is swimming good for your figure?

A: If swimming is good for your figure, explain whales to me.

Q: Is getting in-shape important for my lifestyle?

A: Hey! 'Round' is a shape!

Well, I hope this has cleared up any misconceptions you may have had about food and diets.

AND.....

For those of you who watch what you eat , here's the final word on nutrition and health. It's a relief to know the truth after all those conflicting nutritional studies.

1. The Japanese eat very little fat and suffer fewer heart attacks than Americans.
2. The Mexicans eat a lot of fat and suffer fewer heart attacks than Americans.
3. The Chinese drink very little red wine and suffer fewer heart attacks than Americans
4. The Italians drink a lot of red wine and suffer fewer heart attacks than Americans.
5. The Germans drink a lot of beers and eat lots of sausages and fats and suffer fewer heart attacks than Americans.

CONCLUSION

Eat and drink what you like. Speaking English is apparently what kills you.

Sign of the times in Ontario ..



Don Tanner sent this to me by email.

How to get to Heaven from Ireland

by SSG Joe Zager, USA, Ret

I was testing children in my Dublin Sunday school class to see if they understood the concept of getting to heaven.

I asked them, 'If I sold my house and my car, had a big garage sale and gave all my money to the church, would that get me into heaven?'

'NO!' the children answered.

'If I cleaned the church every day, mowed the garden, and kept everything tidy, would that get me into heaven?'

Again, the answer was 'NO!' By now I was starting to smile.

'Well, then, if I was kind to animals and gave sweets to all the children, and loved my husband, would that get me into heaven?'

Again, they all answered 'NO!'.

I was just bursting with pride for them.

I continued, 'Then how can I get into heaven?'

A six year-old boy shouted out: "YUV GOTTA BE FOOKN' DEAD...."

The Worlds Shortest Books.

THINGS I DID TO DESERVE THE NOBEL PEACE PRIZE by Barack Obama

OTHER BLACK PEOPLE I'VE MET WHILE YACHTING by Tiger Woods

THINGS I LOVE ABOUT MY COUNTRY

by Jane Fonda & Cindy Sheehan.
Illustrated by Michael Moore

MY CHRISTIAN ACCOMPLISHMENTS & HOW I HELPED AFTER KATRINA
by Rev Jesse Jackson & Rev Al Sharpton

THINGS I LOVE ABOUT BILL
by Hillary Clinton

Sequel:
THINGS I LOVE ABOUT HILLARY
By Bill Clinton

MY LITTLE BOOK OF PERSONAL HYGIENE
by Osama Bin Laden

THINGS I CANNOT AFFORD
by Bill Gates

THINGS I WOULD NOT DO FOR MONEY
by Dennis Rodman

THINGS WE KNOW TO BE TRUE
by Al Gore & John Kerry

AMELIA EARHART'S GUIDE TO THE PACIFIC

A COLLECTION of MOTIVATIONAL SPEECHES
by Dr. J.. Kevorkian

TO ALL THE MEN WE HAVE LOVED, BEFORE
by Ellen de Generes & Rosie O'Donnel

GUIDE TO DATING ETIQUETTE
by Mike Tyson

THE AMISH PHONE DIRECTORY

MY PLAN TO FIND THE REAL KILLERS
by O. J. Simpson

HOW TO DRINK & DRIVE SAFELY
by Ted Kennedy

MY BOOK OF MORALS
by Bill Clinton with introduction
by the Rev. Jesse Jackson

AND, JUST ADDED:

Complete Knowledge of Military Strategy!
By Nancy Pelosi

Bear Attack in Churchill , Manitoba , Canada
Contribution by Doug Lipert.....

These are pictures of an actual polar bear attack in Churchill.

These pictures were taken while people watched and could do nothing to stop the attack!

Reports from the local newspaper say that the victim will make a full recovery.

The photos are below.



The Old Man.....

As I came out of the supermarket that sunny day, pushing my cart of groceries towards my car, I saw an old man with the hood of his car up and a lady sitting inside the car, with the door open. The old man was looking at the engine. I put my groceries away in my car and continued to watch the old gentleman from about twenty-five feet away. I saw a young man in his early twenties with a grocery bag in his arm, walking towards the old man. The old gentleman saw him coming too, and took a few steps towards him. I saw the old gentleman point to his open hood and say something. The young man put his grocery bag into what looked like a brand new Cadillac Escalade and then turn back to the old man and I heard him yell at the old gentleman saying, "You shouldn't even be allowed to drive a car at your age." And then with a wave of his hand, he got in his car and peeled rubber out of the parking lot.

I saw the old gentleman pull out his handkerchief and mop his brow as he went back to his car and again looked at the engine. He then went to his wife and spoke with her and appeared to tell her it would be okay. I had seen enough and I approached the old man. He saw me coming and stood straight and as I got near him I said, "Looks like you're having a problem." He smiled sheepishly and quietly nodded his head. I looked under the hood myself and knew that whatever the problem was, it was beyond me. Looking around I saw a gas station up the road and told the old man that I would be right back. I drove to the station and went inside and saw three attendants working on cars. I approached one of them and related the problem the old man had with his car and offered to pay them if they could follow me back down and help him.

The old man had pushed the heavy car under the shade of a tree and appeared to be comforting his wife. When he saw us, he straightened up and thanked me for my help. As the mechanics diagnosed the problem (overheated engine) I spoke with the old gentleman. When I shook hands with him earlier, he had noticed my Marine Corps ring and had commented about it, telling me that he had been a Marine too. I nodded and asked the usual question, "What outfit did you serve with?" He had mentioned that he served with the first Marine Division at Tarawa, Saipan, Iwo Jima and Guadalcanal. He had hit all the big ones and retired from the Corps after the war was over. As we talked we heard the car engine come on and saw the mechanics lower the hood. They came over to us as the old man reached for his wallet, but was stopped by me and I told him I would just put the bill on my AAA card. He still reached for the wallet and handed me a card that I assumed had his name and address on it and I stuck it in my pocket.

We all shook hands all around again and I said my good-bye's to his wife. I then told the two mechanics that I would follow them back up to the station. Once at the station I told them that they had interrupted their own jobs to come along with me and help the old man. I said I wanted to pay for the help, but they refused to charge me. One of them pulled out a card from his pocket looking exactly like the card the old man had given to me.

Both of the men told me then, that they were Marine Corps Reserves. Once again we shook hands all around and as I was leaving, one of them told me I should look at the card the old man had given to me. I said I would and drove off. For some reason I had gone about two blocks when I pulled over and took the card out of my pocket and looked at it for a long, long time. The name of the old gentleman was on the card in golden leaf and under his name..... "Congressional Medal of Honor Society." I sat there motionless looking at the card and reading it over and over. I looked up from the card and smiled to no one but myself and marveled that on this day, four Marines had all come together, because one of us needed help. He was an old man all right, but it felt good to have stood next to greatness and courage and an honor to have been in his presence. Remember, OLD men like him gave you FREEDOM for America. Thanks to those who served...& those who supported them.

America is not at war. The U.S. Military is at war.. America is at the Mall. If you don't stand behind our troops, PLEASE feel free to stand in front of them!

Only in America

1. Only in America, must we spend billions because we can't let GM go bankrupt, and then, we let GM go bankrupt.
2. Only in America, can congress force Fannie and Freddie to buy subprime loans, and then blame Fannie and Freddie for buying subprime loans.
3. Only in America, can you be legally illegal.
4. Only in America, can congress make laws they don't have to follow.wide open.Only in America, can you call large corporations evil, while 99.9% of the Americans work in companies with less than 500 employees.
5. Only in America, can the vice president declare 'jobs' a 3 letter word.
6. Only in America, can a major crisis require swift action by congress to pass a bill without reading it, then vacation for three days before the president has time to sign it!!

Continue on Page 19

7. Only in America, does the military get investigated by homeland security as possible terrorists, while our borders are wide open.
8. Only in America, are veterans accused of being possible terrorists.
9. Only in America, can you blame others when you don't perform.
10. Only in America, can you get a tax refund on taxes you didn't pay. Only in America, you have more rights being illegal, than you do when you are legal.
11. Only in America, can you be 13 and have an abortion without telling your parents, but must have a written note from your parents when you miss school.
12. Only in America, are you punished for good performance and revered for nonperformance.
13. Only in America, can Chrysler get 10 billion in aid for a company of 30,000 employees. (I guess it is pretty difficult to revive a company for only \$333,333 per employee.)
14. Only in America, we care about 3 guys that get water up the nose, while our enemies are beheading us and blowing crowds of people up with suicide bombings.
15. Only in America, you can say other interrogation techniques work, but you have no idea what those techniques are.
16. Only in America, you can be president without a birth certificate.
17. Only in America, do politicians consider 'we the people' a union label affixed to clothing.
18. Only in America, what ever goes wrong will always be Bush's fault.
19. Lastly, however, in America, you can only be a successful president when the teleprompter is on!!!

Wish I could think this quickly

A man boarded a plane with 6 kids. After they got settled in their seats a woman sitting across the aisle from him leaned over to him and asked, "Are all of those kids yours?" He replied, "No. I work for a condom company. These are customer complaints. . "

HOW IS NORMA?

A sweet grandmother telephoned St. Joseph's Hospital. She timidly asked, "Is it possible to speak to someone who can tell me how a patient is doing?"

The operator said, "I'll be glad to help, dear. What's the name and room number?" "The grandmother in her weak, tremulous voice said, "Norma Findlay Room 302." The operator replied, "Let me place you on hold while I check with her Nurse. After a few minutes, the operator returned to the phone and said, "Oh, I have good news. Her nurse just told me that Norma is doing very well. Her blood pressure is fine; her blood work just came back as normal, and her physician, Dr. Cohen, has scheduled her to be discharged on Tuesday."

The grandmother said, "Thank you. That's wonderful! I was so worried! God bless you for the good news." The operator replied, "You're more than welcome. Is Norma your daughter?" The grandmother said, "No, I'm Norma Findlay in 302. No one tells me shit."

True Story.

Marine Guard at White House

Last Tuesday, as President Obama got off the Helicopter in front of the White House, he was carrying a baby piglet under each arm.

The squared away Marine guard snaps to attention, Salutes, and says: "Nice pigs, Sir."

The President replies: "These are not pigs. These are authentic Razorback Hogs from the hills of Arkansas . I got one for Secretary of State Hillary Clinton and I got one for Speaker of the House Nancy Pelosi."

The squared-away Marine again snaps to attention, salutes, and says: "Excellent trade, sir."

Grandkids!!

She was in the bathroom, putting on her makeup, under the watchful eyes of her young granddaughter, as she'd done many times before. After she applied her lipstick and started to leave, the little one said, "But Gramma, you forgot to kiss the toilet paper good-bye!" I will probably never put lipstick on again without thinking about kissing the toilet paper good-bye...

My young grandson called the other day to wish me Happy Birthday. He asked me how old I was, and I told him, 62. My grandson was quiet for a moment, and then he asked, "Did you start at 1?"

My grandson was visiting one day when he asked, "Grandma, do you know how you and God are alike?" I mentally polished my halo and I said, "No, how are we alike?" "You're both old," he replied.

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Continued from Page 19

After putting her grandchildren to bed, a grandmother changed into old slacks and a droopy blouse and proceeded to wash her hair. As she heard the children getting more and more rambunctious, her patience grew thin. Finally, she threw a towel around her head and stormed into their room, putting them back to bed with stern warnings. As she left the room, she heard the three-year-old say with a trembling voice, "Who was THAT?"

A grandmother was telling her little granddaughter what her own childhood was like: "We used to skate outside on a pond I had a swing made from a tire; it hung from a tree in our front yard. We rode our pony. We picked wild raspberries in the woods." The little girl was wide-eyed, taking this all in. At last she said, "I sure wish I'd gotten to know you sooner!"

A little girl was diligently pounding away on her grandfather's word processor. She told him she was writing a story. "What's it about?" he asked. "I don't know," she replied. "I can't read."

I didn't know if my granddaughter had learned her colors yet, so I decided to test her. I would point out something and ask what color it was. She would tell me and was always correct. It was fun for me, so I continued. At last, she headed for the door, saying, "Grandma, I think you should try to figure out some of these, yourself!"

When my grandson Billy and I entered our vacation cabin, we kept the lights off until we were inside to keep from attracting pesky insects. Still, a few fireflies followed us in. Noticing them before I did, Billy whispered, "It's no use Grandpa. Now the mosquitoes are coming after us with flashlights."

When my grandson asked me how old I was, I teasingly replied, "I'm not sure.." "Look in your underwear, Grandpa," he advised, "mine says I'm 4 to 6."

A second grader came home from school and said to her grandmother, "Grandma, guess what? We learned how to make babies today." The grandmother, more than a little surprised, tried to keep her cool. "That's interesting," she said, "how do you make babies?" "It's simple," replied the girl. "You just change 'y' to 'i' and add 'es!'"

Children's Logic: "Give me a sentence about a public servant," said a teacher. The small boy wrote: "The fireman came down the ladder pregnant." The teacher took the lad aside to correct him. "Don't you know what pregnant means?" she asked. "Sure," said the young boy confidently. "It means carrying a child."

A grandfather was delivering his grandchildren to their home one day when a fire truck zoomed past. Sitting in the front seat of the fire truck was a Dalmatian dog. The children started discussing the dog's duties. "They use him to keep crowds back," said one child. "No," said another. "He's just for good luck." A third child brought the argument to a close. "They use the dogs," she said firmly, "to find the fire hydrants."

A 6-year-old was asked where his grandma lived. "Oh," he said, "she lives at the airport, and when we want her, we just go get her. Then, when we're done having her visit, we take her back to the airport."

Grandpa is the smartest man on earth! He teaches me good things, but I don't get to see him enough to get as smart as him!

My Grandparents are funny, when they bend over; you hear gas leaks, and they blame their dog.

Military Humor

THANK GOD THEY CAN STILL MAINTAIN THEIR SENSE OF HUMOR OVER THERE!!!



Miscellaneous

WD-40 can do wonders! some one sent me the following..

Before you read to the end, does anybody know what the main ingredient of WD-40 is? Don't lie and don't cheat. WD-40. Who knew?

I had a neighbor who had bought a new ute. I got up very early one Sunday morning and saw that someone had spray painted red all around the sides of this beige truck (for some unknown reason). I went over, woke him up, and told him the bad news. He was very upset and was trying to figure out what to do probably nothing until Monday morning, since nothing was open. Another neighbor came out and told him to get his WD-40 and clean it off.

It removed the unwanted paint beautifully and did not harm his paint job that was on the truck. I'm impressed! WD-40 who knew? 'Water Displacement #40' The product began from a search for a rust preventative solvent and degreaser to protect missile parts. WD-40 was created in 1953 by three technicians at the San Diego Rocket Chemical Company.

Its name comes from the project that was to find a 'water displacement' compound.. They were successful with the fortieth formulation, thus WD-40.

The Convair Company bought it in bulk to protect their atlas missile parts. Ken East (one of the original founders) says there is nothing in WD-40 that would hurt you. When you read the 'shower door' part, try it. It's the first thing that has ever cleaned that spotty shower door. If yours is plastic, it works just as well as glass.

It's a miracle!

Then try it on your stove top ... Viola! It's now shinier than it's ever been. You'll be amazed. Here are some other uses:-

1. Protects silver from tarnishing.
2. Removes road tar and grime from cars..
3. Cleans and lubricates guitar strings.
4. Gives floors that 'just-waxed' sheen without making them slippery.
5. Keeps flies off cows.
6. Restores and cleans chalkboards.
7. Removes lipstick stains.
8. Loosens stubborn zippers..
9. Untangles jewelry chains.
10. Removes stains from stainless steel sinks.

11. Removes dirt and grime from the barbecue grill.
12. Keeps ceramic/terra cotta garden pots from oxidizing.
13. Removes tomato stains from clothing.
14. Keeps glass shower doors free of water spots.
15. Camouflages scratches in ceramic and marble floors.
16. Keeps scissors working smoothly.
17. Lubricates noisy door hinges on vehicles and doors in homes.
18. It removes black scuff marks from the kitchen floor! Use WD-40 for those nasty tar and scuff marks on flooring. It doesn't seem to harm the finish and you won't have to scrub nearly as hard to get them off. Just remember to open some windows if you have a lot of marks.
19. Bug guts will eat away the finish on your car if not removed quickly! Use WD-40!
20. Gives a children's playground gym slide a shine for a super fast slide.
21. Lubricates gear shift and mower deck lever for ease of handling on riding mowers.
22. Rids kids rocking chairs and swings of squeaky noises.
23. Lubricates tracks in sticking home windows and makes them easier to open.
24. Spraying an umbrella stem makes it easier to open and close.
- 25.. Restores and cleans padded leather dashboards in vehicles, as well as vinyl bumpers.
26. Restores and cleans roof racks on vehicles.
27. Lubricates and stops squeaks in electric fans.
28. Lubricates wheel sprockets on tricycles, wagons, and bicycles for easy handling.
29. Lubricates fan belts on washers and dryers and keeps them running smoothly.
30. Keeps rust from forming on saws and saw blades, and other tools.
31. Removes splattered grease on stove.
32. Keeps bathroom mirror from fogging.
33. Lubricates prosthetic limbs.
34. Keeps pigeons off the balcony (they hate the smell).
35. Removes all traces of duct tape.
- 36.. Folks even spray it on their arms, hands, and knees to relieve arthritis pain.
37. Florida 's favorite use is: 'cleans and removes love bugs from grills and bumpers.'

38. The favorite use in the state of New York , WD-40 protects the Statue of Liberty from the elements.

39. WD-40 attracts fish.. Spray a little on live bait or lures and you will be catching the big one in no time. Also, it's a lot cheaper than the chemical attractants that are made for just that purpose. Keep in mind though, using some chemical laced baits or lures for fishing are not allowed in some states.

40. Use it for fire ant bites. It takes the sting away immediately and stops the itch.

41. WD-40 is great for removing crayon from walls. Spray on the mark and wipe with a clean rag.

42. Also, if you've discovered that your teenage daughter has washed and dried a tube of lipstick with a load of laundry, saturate the lipstick spots with WD-40 and rewash. Presto! The lipstick is gone!

43. If you sprayed WD-40 on the distributor cap, it would displace the moisture and allow the car to start.

HealthGrades: Patients half as likely to die at best hospitals There is a wide gap in quality among America's hospitals, and a corresponding large difference in the rate of patient deaths, says a report Tuesday by medical ratings company **HealthGrades Inc.** The Golden-based company (NASDAQ: HGRD) said patients have a 51.53 percent lower risk of dying in a top-rated hospital than in U.S. hospitals in general.

That's based on an evaluation of hospital mortality related to 17 procedures and diagnoses at 5,000 non-federal U.S. hospitals, HealthGrades said. Researchers examined 40 million Medicare hospitalization records from the years 2006, 2007 and 2008, HealthGrades said. Under HealthGrades' one- to five-star hospital ratings system, with five stars meaning overall performance in the top 15 percent of U.S. hospitals, patients have a 71.64 percent lower risk of dying at a five-star hospital than at a one-star facility, the report said. It said the "quality chasm" between hospitals "has persisted for the last decade." But hospital mortality rates in general have declined in recent years. In-hospital death rates, adjusted for risk, have improved an average of 10.99 percent from 2006 through 2008, the report said.

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USS BRISTOL DD 857

VETERANS ASSOCIATION

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"The fact is, patients are twice as likely to die at low-rated hospitals than at highly rated hospitals for the same diagnoses and procedures," Dr. Rick May, an author of the HealthGrades study, said in a statement. "With Washington focused on rewarding high-quality hospitals and empowering patients to make more informed healthcare choices, this information comes at a turning point in the healthcare debate."

In Colorado hospitals, the risk-adjusted mortality rate was 4.04 percent in 2008, higher than the national average of 3.59 percent, the report said.

It said 21 percent of Colorado's hospitals are rated five stars on overall performance, versus 15 percent nationwide. Colorado hospitals on average were rated best on stroke treatment and worst on coronary intervention.

Election of Officers

At the reunion in Milwaukee, the following shipmates were elected to serve as officers of the association for the next year: President Doug Lipert; First Vice President Ron Obenchain; Second Vice President, Duane Haugan; Treasurer Tony Molnar; Secretary Marty Walsh; and, Master-At-Arms Don Tanner. Shirley Clark, Ship's Historian, and Ed Lynch, Newsletter Editor, remain as appointed officers. The position of Chaplain is presently vacant. So, if you are interested in filling that position, please contact any of the association officers or just email Ed Lynch at edwardclynch1@verizon.net.

Shipmates to be honored at Philadelphia Reunion

Robert Yohe, LT(jg) 59 to 62
George B Breedan, Cdr, 47 to 49
John Watt, BT1 45 to 50
John C Powell, Cdr 62 to 63

Crew Changes Since Milwaukee Reunion

Addition: Ronald C Conran, MM2, 54 to 56
Pete Nigg, IC2, 57-59
John Sanford, MML3, 51-53
Deletion: Lynn C Hess, RD2, 57 to 60

Reunion 13 & 14

The 13th annual reunion will be held in Philadelphia, PA in the fall of 2010. Details will be announced at a later date. The membership attending the reunion selected Dallas, TX as the location for the 14th annual reunion to be held in 2011.

Tributes to a Shipmate

I was saddened to hear about Bob Yohe. He was the finest officer that I ever served with. He was even tempered, had an infectious smile, a kind personality and was extremely capable.

He and I worked the CIC and the DRT when we navigated the ship into Stan Creek, British Honduras during Hurricane Hattie. He was unflappable even when things were breaking from the bulkheads and flying all around us.

They came no finer.
Your Shipmate, Duane Haugan

LTJG Yohe was my Division officer, Fox Division. I was 19 years old when I went on board the Bristol in May of 1960. LTJG Yohe could not have been over 25. He was an OCS officer and his rank did not go to his head when he dealt with enlisted sailors. He had the ability to maintain respect without being a jerk like the many of the OCS officer's were. I recall an instance where he showed the quality of an officer and man that he was. I believe it was when we were at sea in the Atlantic for the down range rocket of launch Allen Sheppard. We encountered some very rough seas. We were taking heavy water over the bow and onto the O-1 level one night and the "dummy hedgehogs" mounted against the outside bulkhead on the O-1 level outside the Captain's stateroom loosened up and apparently were making noise so the

Omission

Inadvertently, we failed to include Dan and Kay Esposito's donation to the Raffle Table. Dan and Kay generously provided a set of stereophones to all attendees and 9 bottles of wine. Thanks Dan and Kay. Sorry for the slip up.

captain had difficulty sleeping. He ordered Mr. Yohe to get someone out there and fix it. Mr. Yohe said he wouldn't order someone to do it but if someone volunteered he would go with them. I volunteered and they tied lines around our waists and held them from up on the bridge as Mr. Yohe and I slowly maneuvered ourselves out onto the O-1 level and re-secured the loose hedgehogs with water knee deep when the waves hit us. It was a little scary and we were out there for a while. I lost a lot of respect for the captain who risked two peoples lives so he could get some sleep. It could have been done after the seas calmed down. We were soaked when we got done but we accomplished what we were sent out there for.

Do you happen to have any contact information for his family, I would like to send a note to them and also relate this story to them?

Bruce Gould

Bob Yohe Remembered

I knew Bob Yohe very well. As a former wardroom steward I knew him to be a good, mild mannered and very friendly officer as Ltjg. He treated us Stewardmates with respect. Sorry to hear the news. I was expecting him to be present in Milwaukee but he didn't. I remember him to be from New York.

Manny Calimquim